

2022 Senior Resource Directory for Washtenaw County

Call Catholic Social Services of Washtenaw County (CSSW) at 734-971-9781
or visit us at getaheadwashtenaw.org for our online searchable resource directory.



1. ADULT DAY SERVICES

Huron Valley PACE..... 734-572-5777
Memory Support Center at Brecon Village 734-429-1155
Silver Club (U-M Turner Resource Center) 734-998-9352

2. CAREGIVER SERVICES

Area Agency on Aging 1-B Caregiver Coaching 800-852-7795
Ahead of the Curve Caregiver Training getaheadwashtenaw.org
Caregiver Conversations Support Group (JFS)..... 734-769-0209
Caring Together/Area Agency on Aging 1-B..... 844-734-CARES
Silver Club Caregiver Programs..... 734-998-9349
Washtenaw Integrated Senior Experience (WISE) (JFS).. 734-769-0209

3. CARE MANAGEMENT/CARE COORDINATION

Area Agency on Aging 1-B 800-852-7795
Jewish Family Services (JFS) 734-769-0209

4. HOME MAINTENANCE/REPAIR/SAFETY

CSSW Home Maintenance/Repair/Home Safety..... 734-971-9781
Habitat for Humanity Critical Repair Program..... 734-800-4220
OCED Home Weatherization Program..... 734-544-3008
WC Dept. of Health and Human Services (DHHS) 734-481-2000

5. COUNSELING/MENTAL HEALTH SERVICES

CSSW Behavioral Health Services 734-971-9781
Chelsea Behavioral Health Services..... 800-328-6261
alt. number 734-593-5251
Thrive Counseling/Jewish Family Services (JFS)..... 734-769-0209
U-M Psychiatric Emergency Services 24-hr Crisis Ctr ... 734-936-5900
WC Community Mental Health..... 734-544-3050

6. EDUCATION

American Association of Retired Persons (MI Office) ... 866-227-7448
Community Enrichment (WCC) 734-667-5060
Emeritus Scholarship Program (WCC) 734-973-3543
Elderwise..... 734-340-6091
Osher Lifelong Learning Institute (OLLI) 734-998-9351
Washtenaw Literacy 734-337-3338

7. ELDER ABUSE/DOMESTIC VIOLENCE

Michigan Elder Abuse Hotline..... (toll-free) 855-444-3911
CSSW Alternatives to Domestic Aggression..... 734-971-9781
CSSW Senior Services Resource Advocacy..... 734-971-9781
SafeHouse Ctr (Domestic Violence/Sexual Assault) 734-995-5444

8. EMERGENCY SERVICES (Food, Shelter, Utilities, Crisis)

Aid in Milan (Food) 734-439-8420
American Red Cross 734-971-5300
Community Resource Center (Manchester)..... 734-428-7722
Crisis, Access, Resources, Engagement and Support
(CARES) 734-544-3050
CSSW Food Pantry..... 734-662-4462
Faith In Action (Dexter & Chelsea School Districts) 734-475-3305
Friends in Deed..... 734-484-4357
Hope Clinic 734-481-0111
House by the Side of the Road 734-769-4085
Housing Access for Washtenaw County (HAWC) 734-961-1999
JFS Food Pantry & Clothing Programs 734-769-0209
National Suicide Prevention Lifeline..... 800-273-8255
Northfield Human Services 734-449-0110
Saline Area Social Service 734-429-4570
Salvation Army Family Store & Donation Center..... 734-332-3948
Salvation Army Ann Arbor 734-668-8353
Salvation Army Ypsilanti..... 734-482-4700
Shelter Association of Washtenaw County 734-961-1999
S.O.S. Community Crisis Center (Food) 734-484-9945
State Emergency Relief Program..... 734-481-2000
U-M Psychiatric Emergency Services 24-hr Crisis Ctr ... 734-936-5900
WC Dept. of Health and Human Services 734-481-2000

9. FOOD PANTRIES/GROCERIES

Housing Bureau for Seniors..... 734-998-9339
Aid in Milan Pantry on Wheels 734-508-6229
Bryant Community Center 734-477-0292
CSSW Northside Food Pantry..... 734-662-4462
Food Gatherers 734-761-2796
Hope Clinic 734-481-0111
Jewish Family Services Specialty Pantry 734-769-0209
Manchester Community Resource Center 734-428-7722
Saline Area Social Services..... 734-429-4570
Salvation Army 734-668-8353
SOS Community Services 734-484-9945
Visit www.foodgatherers.org/foodresources/ for a complete list of food resources

10. FORECLOSURE INTERVENTION

Housing Bureau for Seniors..... 734-998-9339
MSU Extension Housing Counselors 734-222-9595

Washtenaw County Treasurer (tax foreclosure)..... 734-222-6600

11. GRANDPARENTS HELP & INFORMATION

CSSW Grandparents as Parents 734-971-9781
MSU Kinship Care Resource Center 800-535-1218
OCED Foster Grandparent Program..... 734-544-3040

12. HEARING & SPEECH IMPAIRMENT

Deaf & Hearing-Impaired Services 248-473-1888
Deaf Health Clinic/Michigan Medicine..... 734-426-2796
EMU Speech and Hearing Clinic 734-487-1414
Lions Hearing Center of Michigan 517-887 6640

13. HOME HEALTH CARE

EHM Senior Solutions (Shared Services)..... 734-222-4037
Heartland Home Health Care..... 877-329-1001
Partners in Personal Assistance 734-214-3890
St. Joseph Mercy (Chelsea) 734-593-6000
St. Joseph Mercy Home Care and Hospice 855-559-7178
(Also see listings in Yellow Pages under "Nurses" or "Home Health")

14. HOSPICE

Arbor Hospice 734-662-5999
Hospice of Michigan 888-247-5701
St. Joseph Mercy Home Care and Hospice..... 888-559-7178

15. HOUSING INFORMATION

Ann Arbor Housing Commission..... 734-794-6720
Housing Access for Washtenaw County (HAWC) 734-961-1999
Housing Bureau for Seniors..... 734-998-9339
Ypsilanti Housing Commission 734-482-4300

I Independent, A Assisted Living & M Memory Care Residences

I A American House 734-961-4780
I A Brecon Village 734-429-1155
A M Brookdale Ann Arbor – Assisted Living
& Memory Care..... 734-327-1350
M Brookdale W Eisenhower – Memory Care..... 734-213-1708
A M Gilbert Residence..... 734-482-9498
I A M Glacier Hills 734-769-6410
I A St. Joseph's Village 734-712-1600
I A Silver Maples of Chelsea..... 734-475-4111
I A United Methodist Retirement Communities..... 734-433-1000
I A M University Living 734-619-0155

Apartments – Subsidized or Affordable

Baker Commons..... 734-994-8249
Carpenter Place 734-973-8377
Chidester Place 734-487-9400
Clark East Tower 734-482-5511
Courthouse Square..... 734-995-5511
Cranbrook Tower..... 734-668-8914
Lurie Terrace 734-665-0695
Lynden Parke 844-813-7467
Miller Manor 734-794-6720
Mill Pond Manor 734-429-3838
Parkway Meadows..... 734-662-5055
Sequoia Place 734-669-8840
Walls Manor..... 734-484-3820

16. INFORMATION, REFERRAL & RESOURCE ADVOCACY

Area Agency on Aging 1-B 800-852-7795
Center for Independent Living..... 734-971-0277
CSSW Senior Services Resource Advocacy..... 734-971-9781
Eldercare 800-677-1116
Jewish Family Services (JFS) 734-769-0209
U-M Turner Senior Resource Center 734-998-9353
United Way of Washtenaw County 211 (from landline)
alt. number: 734-971-8200 (from cell)

17. LEGAL SERVICES

Dispute Resolution Center 734-794-2125
Legal Resource Center at EMU 734-994-0160
Legal Services of South Central Michigan 734-665-6181
Michigan Advocacy Program Elder Justice Initiative..... 734-665-6181
Washtenaw Bar Association Lawyer Referral 734-996-3229

18. MEALS

Group Meal Sites see "Senior Centers" list
WC Meals on Wheels and Senior Café Program..... 734-544-2977

Home-Delivered Meals

Ann Arbor Meals on Wheels 734-998-6686
Chelsea/Manchester 734-475-9242
Dexter..... 734-426-7737
Milan Seniors for Healthy Living 734-508-6229
Saline..... 734-429-9274
(Meals continued on next page)

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18. MEALS – Home-Delivered Meals (continued)

Ypsilanti Meals on Wheels.....734-487-9669
The Washtenaw County Office of Community
and Economic Development (OCED)734-544-2977

Curbside Meal Pickup

Hope Clinic734-484-2989
Pittsfield Senior Center734-822-2117

19. MEDICAL SERVICES

Community Dental Center734-998-9640
Hope Dental Clinic.....734-480-9575
University of Michigan School of Dentistry734-998-9640

Geriatric Health Assessment

IHA & Internal Medicine734-712-5189
U-M Turner Geriatric Clinic734-764-6831
Washtenaw Medicine (Chelsea).....734-528-5700
Hope Medical Clinic734-481-0111

Health Services

Huron Valley PACE734-572-5777
IHA Reichert Internal Medicine at Towsley734-712-1300
JFS Partners in Care Medical Accompaniment.....734-769-0209
"Lifeline" (Medical Alert System).....855-681-5351
Medical Loan Closet (Emmanuel Lutheran Church) ...734-482-7121
Neighborhood Family Health Center
(St. Joseph Mercy)734-547-7977
Packard Health.....734-971-1073
St. Joseph Mercy Chelsea734-593-6000
Saline Community Hospital (St. Joseph Mercy)734-712-0020
U-M Turner Geriatric Clinic734-764-6831
Veteran Affairs A2 Healthcare System (V.A.)734-769-7100
Washtenaw County Health Department.....734-544-6700

Prescription Assistance

A2Y Rx Card734-665-4433
Michigan Prescription Drug Discount Card (MIRx) ...866-755-6479
(Press 2, then 1)

20. MEDICARE/MEDICAID HELP & INFORMATION

CSSW MMAP (Medicare/Medicaid Assistance Program)..734-971-9781
Medicare800-633-4227
Michigan MMAP (Medicare/Medicaid Assistance Program) 800-803-7174
Medicaid Beneficiary Helpline800-642-3195
Washtenaw County DHHS734-481-2000
Washtenaw Health Plan730-544-3030

21. NURSING HOMES & INFORMATION

Chelsea Retirement Community.....734-433-1000
Heartland Health Care Center.....734-975-2600
Housing Bureau for Seniors.....734-998-9339
Michigan Department of Community Health
Complaint Intake Unit.....800-882-6006
Michigan Long-Term Care Ombudsman866-485-9393
Evangelical Homes (Saline)734-429-9401
Gilbert Residence734-482-9498
Glacier Hills Care & Rehabilitation Center734-769-6410
United Methodist Retirement Communities734-433-1000

22. PHYSICAL FITNESS (See also your local Senior Center)

Ann Arbor YMCA734-996-9622
Chelsea Wellness Center734-214-0220
Dexter Wellness Center.....734-580-2500
Saline Recreation Center.....734-429-3502
St. Joseph Mercy Health Women's Health Center734-712-5800
U-M Turner Senior Resource Center734-998-9353
Washtenaw Community College
Health & Fitness Center734-975-9950
Washtenaw County Parks and Recreation734-971-6337

23. RESPITE CARE

Area Agency on Aging 1-B (AAA 1-B)800-852-7795
Brecon Village.....734-429-1155
Brookdale Ann Arbor734-219-3021
CSSW Volunteer Caregiver Program734-971-9781
JFS734-769-0209
MI Choice Waiver Program.....734-213-7604
Silver Maples of Chelsea734-475-4111

24. SENIOR CENTERS For complete senior center info see website: getaheadwashtenaw.org

Ann Arbor Senior Center734-794-6250
Chelsea Senior Center734-475-9242
Dexter Senior Center734-426-7737
Jewish Community Center.....734-971-0990
Lincoln Golden Ages734-483-8366
Milan Seniors for Healthy Living.....734-508-6229
Northfield Township Community/Senior Center734-449-2295

Pittsfield Township Senior Center.....734-822-2117
Saline Area Senior Center734-429-9274
U-M Turner Senior Wellness Program734-998-9353
Well Connected/Senior Center Without Walls.....877-797-7299
Ypsilanti Senior Center.....734-483-5014
Ypsilanti Township 50 & Beyond Program734-544-3838

25. SENIOR SUBSTANCE ABUSE

Alcoholics Anonymous734-482-5700
Chelsea Behavioral Health Services.....800-328-6261
CSSW Behavioral Health Services734-971-9781
Dawn Farm (Spera)734-669-8265
Home of New Vision734-975-1602
St. Joes Older Adult Recovery Center734-593-5251

26. SOCIAL SECURITY ADMINISTRATION

Social Security Administration: National Office800-772-1213

27. SUPPORT GROUPS

Al-Anon734-995-4949
Alzheimer's Association 24/7 Helpline.....800-272-3900
Arbor Hospice Grief Recovery734-662-5999
Arthritis Foundation (Michigan).....248-649-2891
CSSW GAP (Grandparents as Parents).....734-971-9781
Jewish Family Services (JFS)734-769-0209
National Parkinson's Foundation800-473-4636
St. Joseph Mercy Health System
Heart and Vascular734-712-8205
Hospice Grief Recovery888-559-7178
Stroke734-712-2830
U-M Turner Geriatric Clinic:
Caring for Aging Relatives, Caring for Your Mate,
Diabetes, Low Vision, Staying Smoke Free734-764-6831
For additional support groups visit getaheadwashtenaw.org

28. TAX ASSISTANCE

American Association of Retired Persons (MI Office) ...866-227-7448
Housing Bureau for Seniors.....734-998-9339
St. Francis of Assisi Catholic Church.....734-821-2100
U-M Law School Low Income Tax Clinic.....734-936-3535
United Way Tax Clinic (Multiple locations available)734-677-7235

29. TRANSPORTATION

AARP Ride @50+844-900-4892
Ann Arbor Transportation Authority (Info Line)734-973-6500
HVA Mobility Transportation (Wheelchair Vans).....734-477-6404
Jewish Family Services (JFS)734-769-0209
Manchester Senior Citizens734-385-6308
Milan Seniors for Healthy Living.....734-508-6229
Night Ride and Holiday Ride734-528-5432
People's Express.....877-214-6073
The WAVE (Western Washtenaw Area Value Express) ...734-475-9494

30. VETERANS

Michigan Ability Partners.....734-975-6880
Michigan Family Assistance Center.....517-481-9889
Michigan Veterans Affairs Agency1-800-642-4838
OLHSA Housing.....517-546-8500
Transition Assistance Advisor.....517-990-1155
Veteran Affairs A2 Healthcare System (V.A.)734-769-7100
Washtenaw County Veteran Affairs734-973-4540

31. VISION IMPAIRMENT

Greater Detroit Agency for the Blind
and Visually Impaired313-272-3900
Kellogg Eye Center (U-M).....734-764-4190
Michigan Bureau of Services for Blind Persons313-456-1646
The Visually Impaired Information Center734-421-6599
Washtenaw Library for the Blind and Print Disabled734-327-4200

32. VOLUNTEER OPPORTUNITIES

CSSW RSVP (Retired & Senior Volunteer Program).....734-971-9781
Hospice of Michigan Volunteer Program888-247-5701
Jewish Family Services Older Adult Services734-769-0209
OCED Foster Grandparent Program.....734-544-3040
United Way of Washtenaw County734-971-8200

33. WEBSITES

Remember your librarian can help with websites.

Ahead of the Curvegetaheadwashtenaw.org
Catholic Social Services of Washtenaw County.....csswashtenaw.org
Area Agency on Aging 1-Baa1b.org/
GetSetUp Virtual Classes for
Michigan Older Adults.....getsetup.io/partner/Michigan
Senior Planetseniorplanet.org
Low-Cost Medical Equipmentmichiganloan closets.us/washtenaw